



## Cardiac Arrest & Medical Emergencies (CAMEC)

### Target Audience

PGY2-4, RMOs, CMOs, Critical care Registered Nurses

### Prerequisites

#### Essential

- Medical Officers at RNSH or Ryde Hospitals
- Emergency department ICU RNs at RNSH or Ryde Hospitals

#### Recommended

- Previous ACLS training
- Team leader or team member of arrest teams

### Description

#### Aims

Multiprofessional Team-based approach to managing the deteriorating patient. CAMEC also provides an introduction to human factors and non technical skills related to team behaviours. Aligned with Between the Flags "DETECT" Program (NSW Clinical Excellence Commission). Equivalent to Tier 2 (Level 3)

#### Specific Objectives

- Structured approach to recognition and management of unstable ward patient
- Clinical management and team-based rehearsal of common problems using ABCDE approach
- Non-technical skills: Teamwork, leadership, communication
- Skills: Obstructed airway algorithm, bag and mask ventilation, Advanced Life Support using ARC Guidelines
- Reflection on practice, performance and interaction with others

#### Training Methods

- Clinical skills workshops
- Pause & discuss scenarios
- Immersive simulations & reflective debriefing

- Crisis Resource Management

#### Training Technologies

- Video and discussion
- Task trainers
- Low & medium fidelity manikin simulators

### Maximum Participants

Maximum of 12 participants per course

### Location

Sydney Clinical Skills & Simulation Centre

### Duration

1 day course (0830 to 1700 hours)

### Course dates 2012

7 <sup>th</sup> February	19 <sup>th</sup> June
20 <sup>th</sup> March	10 <sup>th</sup> July
17 <sup>th</sup> April	21 <sup>st</sup> August
22 <sup>nd</sup> May	23 <sup>rd</sup> October
	4 <sup>th</sup> December

### Cost

No charge for RNSH or Ryde staff

### Provider



### Course Co-ordinator and faculty

Stephanie O'Regan RN, B Nurs, MHSM, MHSc(Ed)

Instructors: See website: About – Introduction - Our Team

### Enquiries

[scssc@med.usyd.edu.au](mailto:scssc@med.usyd.edu.au)

Ph: (02) 9926 4646

Fax: (02) 9926 6755

## Practical Information and Terms and Conditions of Training

This document provides general information about our training courses. Participants are required to read this document prior to signing the **Course Application Form**.

### COURSE BOOKINGS, PAYMENT AND CANCELLATION POLICY

#### Securing your booking

Full payment is required at least one month prior to the course date to confirm your booking and allow sufficient time to distribute course material.

#### Payment methods

We accept cheque or credit card payments.

#### Cheque:

Please make cheque payable to: Sydney Clinical Skills & Simulation Centre.

#### Credit Card:

Please complete card details on application form or tax invoice provided.

#### Cancellation policy

Applicants who give notice of cancellation of 30 days or more will receive a full refund of the course fee. If preferred, applicants can nominate a new course date and have fees transferred. Applicants who withdraw from the course between 14 days and 30 days will receive a 50% refund of the course fee. Applicants who fail to attend a course or who withdraw from the course within 14 days of the course date will not receive a refund. We may be able to reschedule a course if unforeseen unpreventable circumstances lead to a late cancellation.

### PREPARING FOR YOUR COURSE

#### Transport and accommodation

- View "How to Find Us" on our website for advice on transport, parking and accommodation

#### Special needs

- Please contact us if you have special needs (E.g. disabled access, reduced mobility, special dietary requirements, and religious observance).

#### Attire

- Most participants wear work uniforms or comfortable neat casual clothes to courses. As the training rooms present several hazards including sharps and spills we do require participants to wear non-slip, enclosed footwear (trainers are great). We encourage participants attending simulation courses to wear uniform scrubs to enhance realism and protect their clothes from stains. We provide theatre blues for operating theatre staff.
- Check the course fact sheet to confirm catering arrangements before you pack your own lunch. Morning tea, lunch and afternoon tea are provided on full day simulation courses. Cafes and food outlets are located on campus within 5 minutes of the centre. These include Subway, Gloria Jeans and Fresh Plus.

### REGISTRATION

#### After-hours and weekend access

- There is an intercom located at the entrance to the Kolling Building. To gain access alert security of your arrival via the intercom and announce which course you are attending.

#### Punctuality

- Most courses cannot commence before all participants have arrived so we ask that you arrive on time in respect for other course participants.

#### **Finding your course**

- Several courses may be scheduled on any day. On arrival to the Kolling Building, take the elevator to Level 6 and follow signs for your course. The registration area for simulation courses is usually at the end of the main corridor on Level 6.

#### **Registration and Forms**

- Upon arrival sign the attendance sheet, collect your name badge and make a cup of tea or coffee.

#### **Security**

- Small lockers are located in the main corridor, free of charge. We encourage you to secure your valuables in one of these and return the key to the locker at the end of the course.

## **DURING THE COURSE**

#### **Familiarisation**

- You will get most from your course if you are familiar with the technologies you will use in the course. While we will familiarise you with these technologies during the course, we strongly encourage you to prepare ahead of the course by reading the course fact sheet and those sections of the learning technologies and learning methods pages that are listed in the course fact sheet.

#### **Participation**

- Our courses use interactive small group learning methods and we assume participants are able and willing to fully participate. This is generally a requirement in college accredited courses.
- In simulation courses we generally allocate participants to scenarios, although the opportunity exists in some courses for participants to volunteer for specific simulation activities, or to limit their involvement in immersive scenarios. We invite you to make an enquiry with the course coordinator before the course, or the course director at the beginning of the course, if you have any special concerns or requests in respect to participation.
- You will receive a certificate of completion at the end of the course which may be used as proof of attendance.

#### **Occupational Health and Safety**

- A wide range of medical and surgical equipment and drugs are used as a part of training courses. Some of the equipment has been decommissioned, while other equipment is used for clinical purposes, including defibrillators. **ALL USUAL SAFETY PRECAUTIONS MUST BE OBSERVED WHEN USING EQUIPMENT IN THE CENTRE.**
- Modified universal precautions are required during training. As participants are not exposed to actual patients, the wearing of safety glasses, masks and gloves is not routinely enforced, although encouraged. Sharps should be disposed of in accordance with universal precautions.
- The centre is not completely latex free. **PLEASE ALERT US AHEAD OF THE COURSE IF YOU SUFFER LATEX ALLERGY.**
- As previously advised, we request you wear enclosed, non-slip shoes to avoid slips and falls.
- No schedule 8 drugs are kept on premises. A combination of mock drug ampoules containing water and actual, out of date drugs are used in the simulation rooms. These are not to be taken from the simulation rooms.

#### **Videorecording and photography**

- The SCCSC has sophisticated audio-visual equipment. You will notice cameras in most training rooms. It is our usual practice to have cameras switched on so the technical support staff located in the control rooms can coordinate their activities with those of the course instructors. You should be aware that no recordings are made at this time.
- In courses employing immersive simulation scenarios we frequently video tape each scenario and review the tape during the debriefing that follows. The tapes will be wiped immediately following the course unless we obtain your explicit written permission to retain the tape for another purpose such as a research study or conference presentation.
- We would also obtain your written permission to photograph you during a course

#### **Confidentiality**

- All participants, faculty or observers at any courses involving simulations are required to maintain the confidentiality of other participants in respect to their views, actions and performance. As simulation scenarios are complex to produce we also ask you maintain as confidential the details of specific scenarios.

# Course Application Form

## Course Details

Course Name: \_\_\_\_\_

Course Date: \_\_\_\_\_

## Contact Details

Mr / Ms / Mrs / Dr / A Prof /Prof (please circle)

First Name(s): \_\_\_\_\_

Surname: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
\_\_\_\_\_

Suburb: \_\_\_\_\_

State: \_\_\_\_\_ Postcode: \_\_\_\_\_

Country: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

## Special Requirements

Please indicate if you have:

 Food or latex allergies? \_\_\_\_\_ Special dietary needs: \_\_\_\_\_ Physical disability requiring special support  
\_\_\_\_\_ Other: \_\_\_\_\_

## NSCCAHS Employees

If you currently work within NSCCAHS please provide your payroll number so we can register your attendance on Pathlore: Payroll Number \_\_\_\_\_

## Demographic

Please assist us to deliver high quality training by providing the following confidential information.

Current Hospital: \_\_\_\_\_

### Professional group

 Medical specialist  CNC  Nurse Other Vocational trainee  Nurse Specialist Non-specialist/CMO  Allied health Student  PGY1  PGY2  PGY3 or above General practitioner Other: \_\_\_\_\_

### Area of practice

 General  ICU  Anaesthesia  ED Surgery (Specialty) \_\_\_\_\_ Paediatrics  Other \_\_\_\_\_

## Registration Fees & Payment

Your place in this course is conditional until full payment is received.

Full payment is required at least 1 month prior to the course to confirm your booking and allow sufficient time to distribute course material. Please be aware of our cancellation policy.

### Self Funded:

Course Cost (incl GST): \_\_\_\_\_

 enclosed is a cheque for \$\_\_\_\_\_ (inc GST) made payable in Australian Dollars to **Sydney Clinical Skills & Simulation Centre** please debit my  
 Visa  Mastercard  Bankcard  
for the amount of \$\_\_\_\_\_ (inc GST)

Card No: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Expiry date: \_\_\_\_/\_\_\_\_

Cardholder Name: \_\_\_\_\_

Signature: \_\_\_\_\_

### Employer /Sponsor Funded:

Amount (ex GST): \_\_\_\_\_

Cost Centre/Fund/Project (if applicable): \_\_\_\_\_

Authorised Expenditure Approval Officer:  
\_\_\_\_\_  
\_\_\_\_\_

### Name

\_\_\_\_\_  
*Position*\_\_\_\_\_  
*Address*\_\_\_\_\_  
*Telephone*\_\_\_\_\_  
*Email*

## Terms & Conditions

 I have read and understood and I agree to abide by the advice contained within the "**Practical Information and Terms and Conditions of Training**" provided. I agree not to disclose to third parties, the identity of other participants, and to withhold judgement in respect to the attitudes or performance of other participants. I meet the prerequisites of the course\_\_\_\_\_  
Participant's Full Name\_\_\_\_\_  
Signature\_\_\_\_\_  
Date